

## Respite Care Benefits

- Respite care is a time away from the emotional, physical and financial challenges that many families of children with special needs endure. Caregivers are provided with some necessary relief and rest.
- Respite care is an outreach ministry to the community. Many families are seeking a church home that would welcome and value their children who have disabilities.
- Respite care is the opportunity to have people serve in a ministry near and dear to the heart of God.



*And Jesus said: "You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as you do yourself." Matthew 22:38-40*



**First Baptist  
Duluth**

2908 Highway 120  
Duluth, GA 30096

Church Office: 770-476-3788  
Web: [www.duluthbaptist.org](http://www.duluthbaptist.org)

Special Needs Ministry contact:  
[lcumphrey@hotmail.com](mailto:lcumphrey@hotmail.com)  
404-580-5689

***Saturday Respite:  
"The Gift of Time"  
at  
First Baptist Duluth***



***Friends and Fun  
for Children  
with Special Needs***

## WHAT?

Saturday Respite Care is a program designed especially for children and young people with special needs who live at home. The program includes games, activities, a Bible lesson, crafts and music.

The purpose of Respite Day is to provide rest and support to families and provide a safe Christian environment for people with special needs.



## WHEN?

Respite Day is held on a Saturday once a month from 11:30a.m. to 4:30 p.m. and allows families affected by disabilities a much-needed break. Respite dates are available from the office of the Minister to Children at First Baptist Duluth at 770-476-3788.

## WHERE?

Families may bring their children to the Family Life Center behind First Baptist Duluth for respite care.

## WHO?

Respite Day is staffed by volunteers from First Baptist Duluth and trained workers from Spectrum Autism Support Group. At least one volunteer on duty has had CPR training, and adult volunteers have had background checks.

## HOW?

There is no cost for Respite Day. Respite Day is by reservation only. Families of children with special needs who have siblings may bring all of their children to enjoy the Day.

**You may register for the upcoming Respite Day by calling 404-580-5689 or emailing [Ichumphrey@hotmail.com](mailto:Ichumphrey@hotmail.com) beginning at 8 a.m. on Monday morning following a Saturday respite. First come, first serve.**



## RESPITE BASICS

- Lunch is provided - usually cheese or hamburger pizza plus Sprite Zero or water. If your child has food allergies, you must pack a lunch.
- One afternoon snack is provided - usually Sprite and water plus a banana and "goldfish" crackers. If your child has food allergies, please pack a snack.
- Dress your child in comfortable clothes.
- Please put your child's name on any item brought to Respite Day, such as extra clothing or bookbag.
- To participate in Respite Day, each child must have a church release form and registration information on file. This is required so volunteers may provide a safe environment for your child.
- Medications for children must be administered by parents before arrival at Respite Day. Exceptions may be made on a case-by-case basis.
- Questions? Contact Cathy Humphrey at 404-580-5689 or [Ichumphrey@hotmail.com](mailto:Ichumphrey@hotmail.com).